

AN

INTRODUCTION

TO

GOONING

FROLICON 2022

*Stable and healthy porn consumption for 25+ years.*

*Discord server for over 4000 users specializing in gooning culture.*

*My favorite thing about gooning is meeting people.*

# SHYWALKER

# RANDY BNUBS

*Just over 2 years involved in the gooning community.*

*Been gooning for years, whether referred to that or not.*

*My favorite thing about gooning is that it's liberating.*

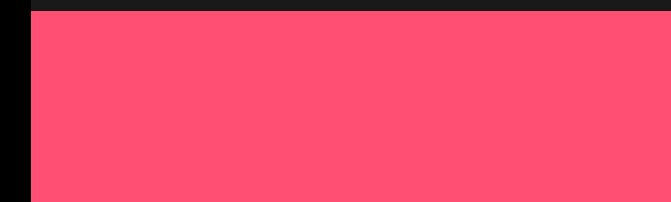
# AGENDA



*Define*



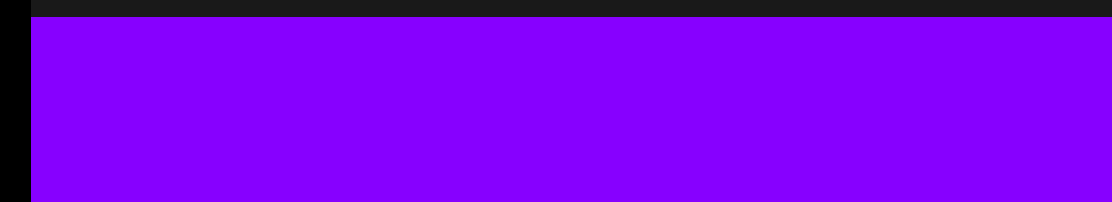
*Deep dive*



*Perspective*



*Resources*



*Q&A*

# WHAT THIS PANEL IS NOT

- 1. A discussion on the ethics of porn*
- 2. Therapy for porn addiction*
- 3. Trigger warning ...this panel has LOTS of pornography in it 🙈*



SO  
**WHAT IS  
GOONING**  
ANYWAY?



# GOONING

— *[achieving] a euphoric mental and physical state typically achieved from prolonged masturbation.*

*"Gooning is a sort of **modernized version of tantric sex/masturbation** without the spiritual aspects that have been traditionally associated with it in the past"*

<https://melmagazine.com/en-us/story/gooning-porn-how-to-goon-reddit-edging-masturbation>



*"Gooning is riding and prolonging the euphoric rush one feels when masturbating to either one's own thoughts, a sexy looking pile of shapely rocks, or whilst watching good olde fashioned pr0n."*

<https://popgoestheadict.bdsmr.com/post/325395474>

*"Gooning is not a narcissistic manifestation. Narcissism is extreme selfishness, with a grandiose view of one's own talents. Rather, gooning is closer to a **meditation experience**, where the mind and the body align, **focused on a single thought** (or feeling, in this case)."*

<https://www.urbandictionary.com/define.php?term=gooning>

# THE GOON STATE

*What is it like?*



"Nggghhh, I'm so *gooned* out..."

"I was *gooning* for 11 hours yesterday!"

"Where can I meet other *gooners*?"

"I can't wait to start my *goon* session."

# THE ACT/THE KINK

*There is difference between the **act** of  
gooning and the **kink** of gooning.*

**THE 'KINK' OF GOONING IS  
FETISHIZING  
PORN ADDICTION\***

*\*while striving for balance between  
fantasy and reality.*

# THE STIGMA

## PORN IS BAD!

*We acknowledge this stigma, but with a discerning eye, it's easy to avoid imprudent material.*

*Some gooners buy into the stigma, fetishizing it - some don't.*



**SOME  
GOONER  
TERMS  
TO REMEMBER**



 **PUMP/RUB** 

 **AHEGAO** 

 **LEAK** 

 **\*EDGE** 

# EDGE/EDGING ✨

*"...the sexual practice of bringing someone [or yourself] to a point of orgasm but **postponing it over space and time** in order to create heightened arousal."*

<https://www.kinkly.com/definition/8634/gooning>



**GOONCAVE**



**NINGGHHH**



**TRIGGERS\***



# TRIGGERS

**THINGS THAT GET YOU  
INSTANTLY GOING.**

*It triggers your addiction.*

# TRIGGERS



*and many more!*



# PORNOSEXUALITY



**SOLO— PAN—**

**CAN I  
GOON  
WITH  
OTHERS?**

**YES!**



*"Isolated but connected"*

<https://popgoestheadict.bdsmr.com/>

# THE GOONING COMMUNITY

*tumblr* 🦴

*bdsmlr* *b-d-s-'m—LUR*

*r/pornism*

*Twitter (sorta)*

*Discord*

*Club Goon*

*GOONED*

*PORNISM!* 🏆

*Independent sites/blogs*

*Mainstream sites too!*

# THE GOONING COMMUNITY

# WHAT MAKES GOONING UNIQUE?

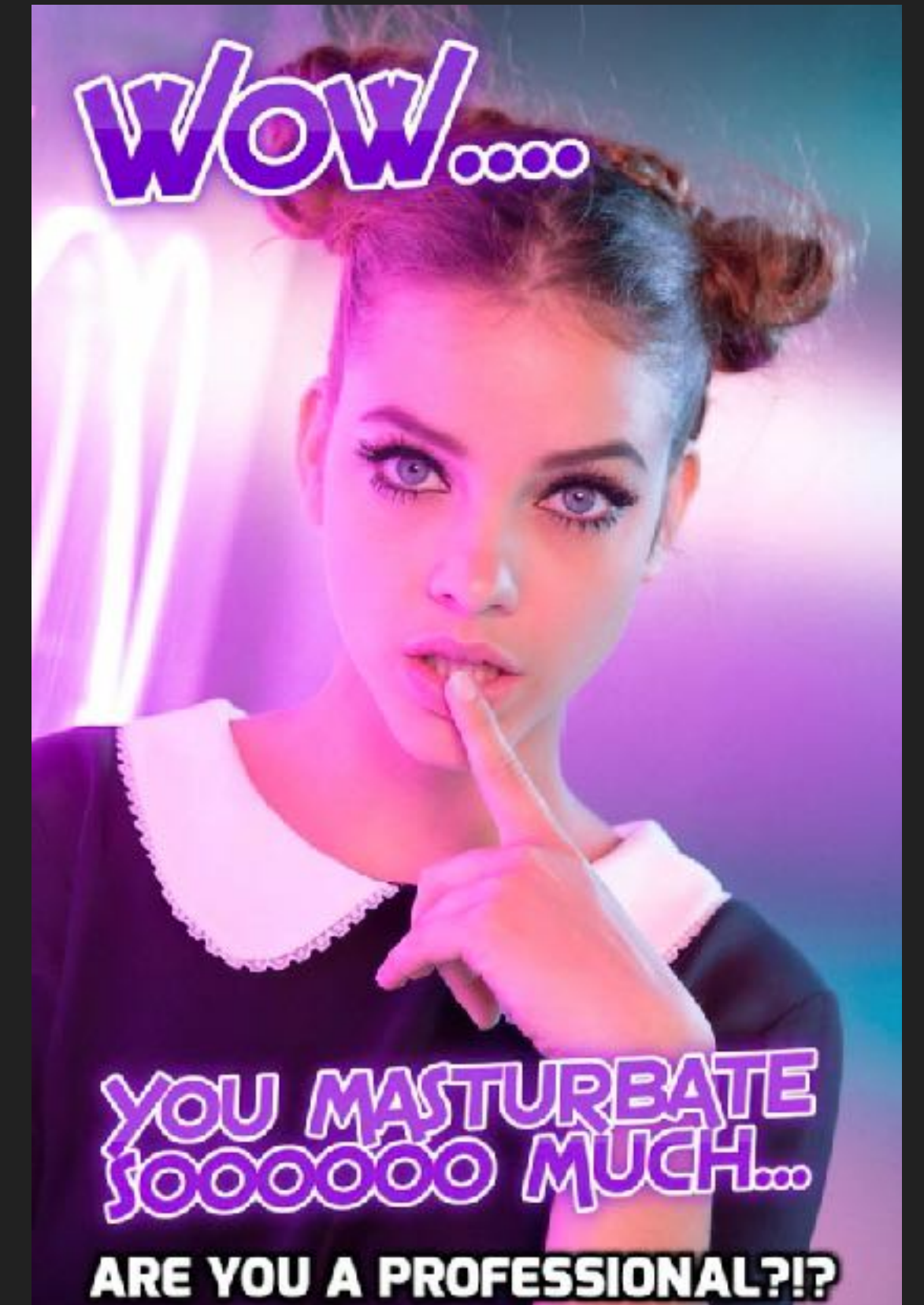
AKIN TO JOI/JO/CJ, BUT ON  
ANOTHER LEVEL

*Encouragement from a group*

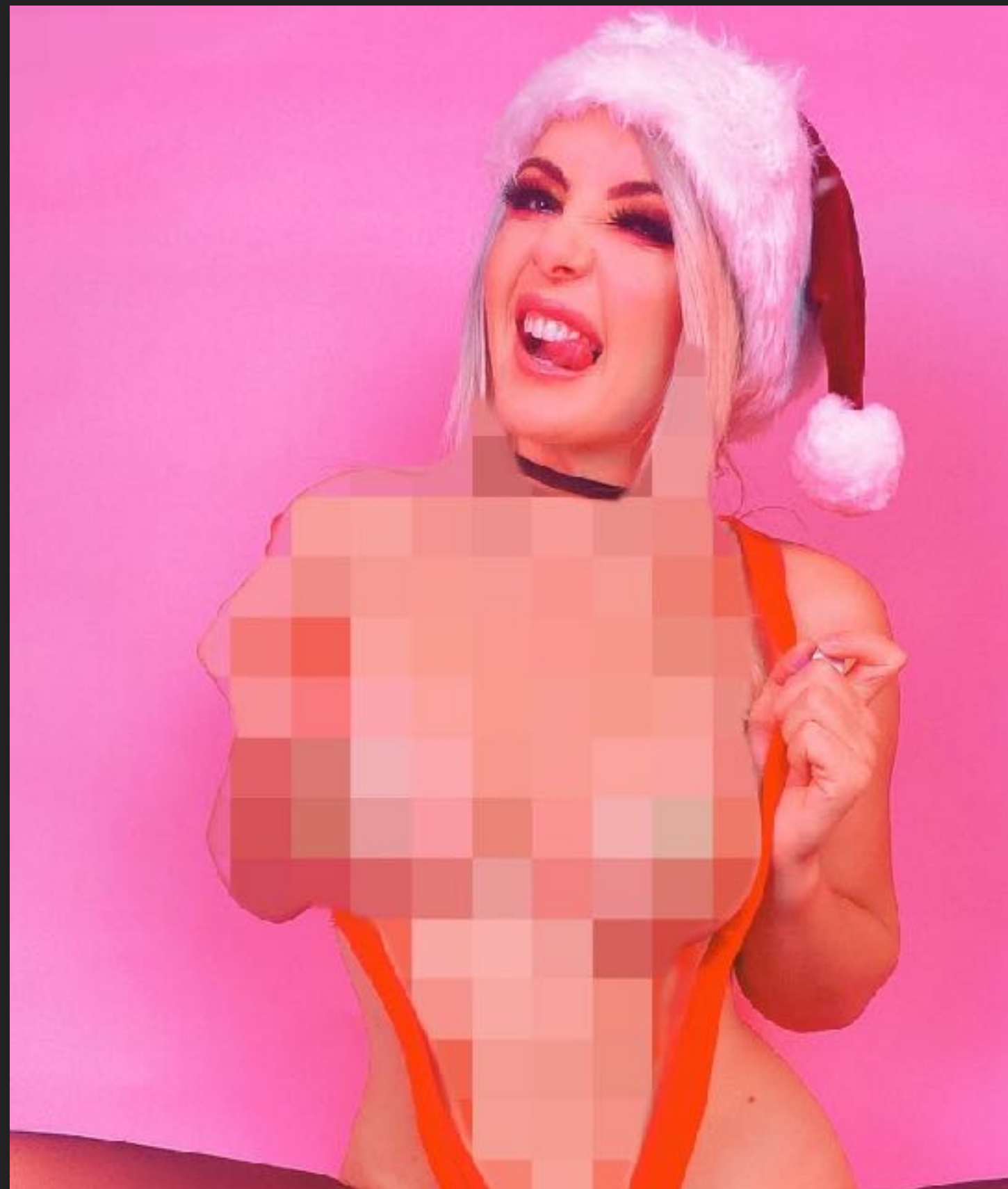
*Babble / "babbling"*

*Cams / mics*

# PORN ART CAPS



# PORN ART CENSORED



# PORN ART PMV



# PORN ART HYPNO/JOI





# PORN ART AUDIO/ASMR



*Birdland*

# STREAMS!

The image shows a Discord server interface with a list of streams on the left and a 2x2 grid of live video thumbnails on the right. The stream list includes:

- stream-announce-only
- stream-chat-request
- radio-commands
- PORN Streams**
  - Blue Droid (LIVE)
  - CLUB AF... (LIVE)
  - dumdum... (LIVE)
  - LewdJohn... (LIVE)
  - Madelyn lov... (LIVE)
  - Red Droid (LIVE)
  - ayoob645
  - Bate Ape
  - dopaflend97430
  - DRHouse
  - Eisenmann
  - horryaussie
  - NeonGooner
  - Remy, Ruler of C...
  - Serial Fappist
  - Silmarillion
  - SleepyAmy
  - Triskel
- Voice Chat (69)
- Voice Connected (DRN Streams / PORN...)
- Video / Screen sharing options
- DRHouse #9089

The 2x2 grid of thumbnails shows:

- Top-left: A woman in a white top being kissed on the neck.
- Top-right: A woman in a red bikini and a man in a yellow bikini in a tropical setting.
- Bottom-left: A close-up of a woman's face with a finger near her mouth, with the word "SWALLOWED" overlaid.
- Bottom-right: A man in a white shirt and a woman in a white top in a bathroom.

WHAT  
IS OUR  
TAKE ON  
ALL THIS?



# PORN POSITIVE

*Reward*

*Rejuvenate*

*Release*

*Reset*

*Recenter*

*Rate* 

*Nothing to hide*

*No shame*

*No degradation!* 

# PORN POSITIVE



THERE IS  
**NO SHAME**  
IN DOING WHAT YOU  
**LOVE**

# PORN POSITIVE

*Responsible*

*Do your chores!*

*Respectful*

*No kink-shaming!* 🙄

SOME  
TYPES  
OF GOONING



## *Loser Gooners*

*Gets off on self-degradation (negativity) of being a "porn addicted loser" - feeding into the stigma of porn consumers everywhere!*





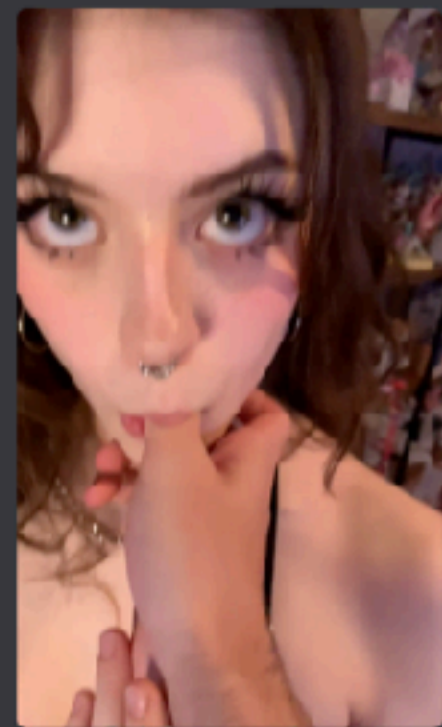
## *Porn Piggies*

*Gets off on the joy (acceptance) of being a “porn addicted loser”*

# babble-👉👈👉👈 Channel has no timer, please be respect



MK\_ Today at 8:20 PM



eroticlust Today at 8:20 PM



# babble-👉👈👉👈 Channel has no timer, please be respectful. One post e

eroticlust Today at 8:11 PM



derdiedas [germany] Today at 8:11 PM



eroticlust Today at 8:11 PM



Happy Today at 8:15 PM



## Feeders

*Gets off on sending porn to other people or a group.*



## *Porn Mommy/Daddy*

*Relationship between 2 people akin to dom/sub (i.e. mommy & piggy)*

*Also - can be a pornstar as someone's Mommy or Daddy.*



**PORN**  
**IS THE**  
**PATH**  
**TO**  
**SALVATION**

SHY

## *Porn Worship*

*Worships the idea of porn itself in a spiritual way.*



**WHAT'S THE MOST  
IMPORTANT PART TO  
BECOMING OR  
COMING OUT AS A  
GOONER?**



*Cummmunication!*

# RESOURCES

- ▶ <http://thepornfolio.com/>
- ▶ <https://soundgasm.net/u/birdland>
- ▶ <https://www.pornrealityoriginals.com/>
- ▶ <https://whoreuro.com/pornosexual-guide-to-porn-addict-goon-terminology/>
- ▶ <https://projects.bi-caps.com/faq/>
- ▶ <https://www.urbandictionary.com/define.php?term=gooning&defid=1415559>
- ▶ <https://www.kinkly.com/definition/8634/gooning>
- ▶ <https://www.reddit.com/r/GoonFeed/>
- ▶ <https://melmagazine.com/en-us/story/gooning-porn-how-to-goon-reddit-edging-masturbation>
- ▶ <https://xhamster.com/posts/10035452>



# RANDYBNUBS

*Twitter: @SleepyG96440425*

*Discord: randyBnubs#5101*

*Email: randybgoons@gmail.com*



**SHYWALKER** 

*Twitter: @Shywalker1138*

*Discord: Shy#4047*

**SHYWALKER.COM**  
**/FROLICON**

**GOON PARTY**

**6PM-? THIS EVENING**

*(contact Randy)*

**GOON SESSION ON PORNISM DISCORD!**

**3PM-? THIS AFTERNOON**

*[shywalker.com/pornism](http://shywalker.com/pornism)*

**THANK YOU**



*Shy & Randy*

NNNGGGHHHHH!